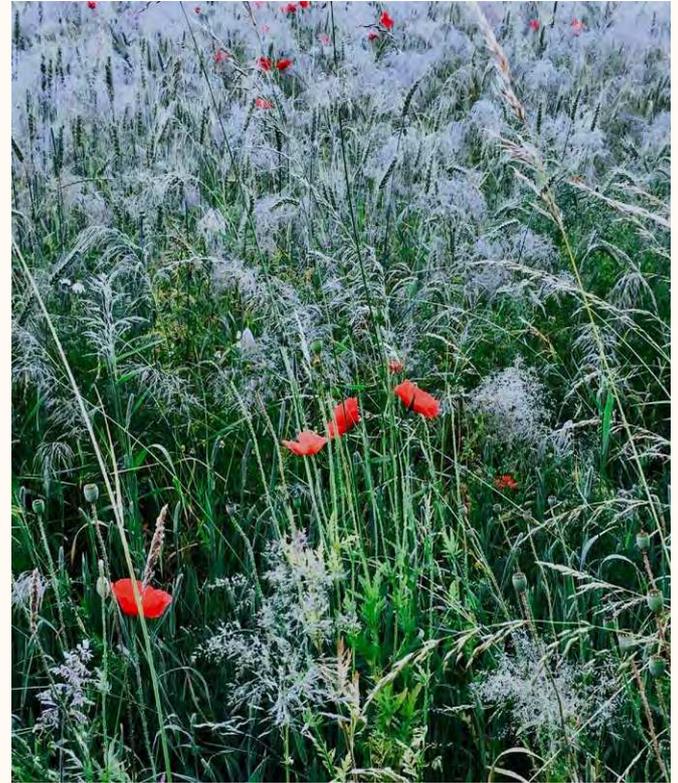




FIELD NOTES



Poppy Field

Pictorial notes from the field highlight the importance of fields, meadows and prairies and encouraging wildflowers to re-establish to create habitat for pollinators and homes for small birds and mammals. Wild and formerly bountiful landscapes along with wildflower fields and open grasslands are under threat due to land clearing and agricultural practices.



Buttercup

FIELD NOTES

Mowing is devastating for many species of small insects and animals, but it is most devastating for those - such as grassland songbirds - that are laying eggs and raising young in fields that are cut before offspring fledge. If mowing is required, ensure wildlife has access to alternative, open grassy areas where habitat is vital. Observe before mowing to determine possible nesting areas.

Hedge Hole



Yellow Spike



Research and citizen science observations documenting seasons for nesting activities (vary by region and species of birds) are now being made available to help landowners and farmers determine better times to mow.



Ecology:

The study of the relations of living organisms to their environment; study of ecosystems; study of the environmental conditions of existence.

Intelligence:

The capacity to learn from experience, to think in abstract or symbolic terms, and to deal effectively with one's environment.

Ecological Intelligence:

Rediscovering ourselves in nature.

Green Hang



Queen Anne's Lace

DOWN THE GARDEN PATH

CREATE YOUR OWN
FIELD NOTES

Practise the art of close observation of fields, disused lands and grassy areas.

Walk often at varying times of the day to monitor wildlife in nesting season.

Employ a mindful approach to mowing to help preserve nests, but also to engage with nature.

Spend some time quietly observing the birds around you and you may start to notice focussed activity where they are nesting.

FOLLOW THE CLUES

FIND CONNECTION
& PATHWAYS IN NATURE

FROM TRISTAN GOOLEY'S BOOK,
HOW TO CONNECT WITH NATURE

Develop and apply new skills - try
doing things such as exploring a
different path.

Flex your senses - give them a
workout.

Identify and experiences different
landscapes and habitats.

Allow yourself to be lured in by
nature and wild environments.

Appreciate the role of time in nature,
witness in the present moment.

Step into the landscape and become a
part of the natural experience

Alpen Sky

